

## Registration Form:

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

### Waiver:

PLEASE READ THE WAIVER THEN SIGN & DATE BELOW.

I know that participating in any event can be a potentially hazardous activity. I should not enter any event unless I am medically able. I agree to abide by any decision of event officials relative to my ability to safely participate. I will be liable for my own safety and the safety of other participants within my control. Having read this waiver and knowing the facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Rotary Club of Ogallala, Ogallala Public Schools, all sponsors, their representatives and successors from claims or liabilities of any kind arising out of my participation in this event, though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent or Guardian (if Participant is under 19):  
\_\_\_\_\_

**All Participants with \$25 in Pledges will receive  
one Walk for Water Water Bottle.**

***Pre-registration and pledges may be submitted  
to Pinnacle Bank prior to the event.***

***Online donations may be made at:  
[www.crowdrise.com/ogallalainteract](http://www.crowdrise.com/ogallalainteract)***

***For more information contact:  
Mary Eisenzimmer - 308-289-5467  
or visit [www.OgallalaRotary.com](http://www.OgallalaRotary.com)***

## Pledges:

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

## Pledges (continued):

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

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Pledge: \_\_\_\_\_

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Pledge: \_\_\_\_\_

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

Name: \_\_\_\_\_

Pledge: \_\_\_\_\_

# Ogallala High School

# Interact

Rotary Sponsored Club



# Walk for Water

## Saturday, April 16, 2016

### 4:00 - 6:00 p.m.

## Ogallala High School Track



**Tobrise Basic Primary School Pupils & Teachers**

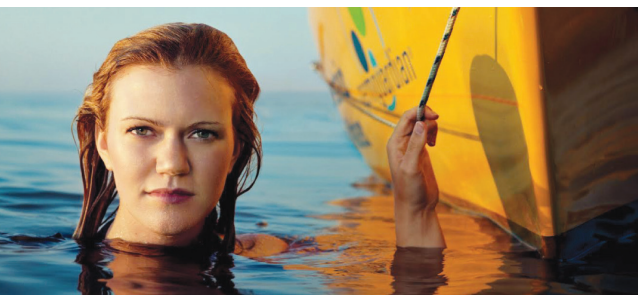


## H2O for Life Walk for Water

*H2O for Life Walk for Water* is a fundraising and awareness concept for community members to walk 5 kilometers (3.1 miles) carrying 6 liters of water in a container. This is the average distance that women and girls in developing countries must walk every day, typically carrying 20 liters of water.



Join the **O'Fallon High School Interact Club** as they support Katie Spotz' charity, H2O for Life, as she raises awareness for clean water around the world. Katie Spotz rowed across the Atlantic Ocean in 2013. She set a world record for the youngest ever solo ocean rower, one of many records to her name. Katie raised over \$150,000 for her charity, H2O for Life. She continues to raise awareness of the plight of billions around the world suffering from a lack of safe drinking water.



## Tobrise Basic Primary School in Nigeria

Help the OHS Interact Club and Rotary District 5630 support Katie Spotz, who is sponsoring the Tobrise Basic Primary School in Nigeria. Currently they do not have any running water or toilet facilities available in the school. Our support will help them to construct one borehole with a fitted hand pump and 8 point of use water filters will be provided in the classrooms to make drinking water available. Four new toilet blocks and 8 urinals will also be built for the school. Your pledge to Walk for Water will help to change the lives of these children!



## Youth are Our Future in Solving the Clean Water Issue

Rotary provides service-learning opportunities designed to engage, educate and inspire youth to become global citizens. On Saturday, April 16th, O'Fallon High School Interact Clubs' H2O for Life Walk for Water project will raise funds and awareness for the need for clean water around the world.



## Importance of Water Globally and in Our Community

There is an urgent need for clean water, sanitation, and hygiene in schools and communities around the world. Consider these facts: Every 20 seconds a child dies from lack of access to clean water. Women and children in many communities spend up to 60% of each day walking to collect water. 4,500 children die each day due to unsafe water and lack of basic sanitation.



The relationship between water and health is significant. An estimated two million people die every year from diarrhea-related diseases. Children, especially under the age of five, are most susceptible to the ultimate horrors of water-borne diseases. Access to clean water and adequate sanitation substantially decreases the mortality rates among children.

Water, sanitation and hygiene are of critical importance to a school and community's health and way of life.