Rotarians in Action



Rotary District 5630

2020-21 • Edition 4 • June 2021

Final Message from Bob Taylor, District Governor 2020-2021





And the Rotary Wheel Keeps Turning!

Wow! Those who went before me in this DG role said it would be over in a "blink," and they were right. Looking back all I can say is, "What a year it was!"

This was certainly not the year any of us expected. When I met my classmates at our (live) Institute in Kansas City, we all had these great plans for the year, but they were somewhat dashed by this wily virus called COVID. Our District condolences are extended to those who were affected by this virus.

We would be here reading until the next Rotary Year if I named every project we completed. Allow me to offer my appreciation generally, but still in a very heartfelt way.

First, to my fellow Rotarians. I've often said there is no place I'd rather be than in a group of Rotarians providing service for their fellow men and women on this earth. As I look back over the year I'm filled with **Gratitude**, for the many things you have accomplished over this year, dominated by Zoom. Your collective and individual resourcefulness made a major impact in and for yourselves, your community, and those around the world.

A big **Thank You** to my leadership team, who worked with me flawlessly throughout the year, for your compassion and willingness to enter the discussion when planning and events threw us up against the wall. Again, your resourcefulness was unparalleled. Everyone advanced their areas of responsibility throughout the year.

To our Presidents this year: **Thank You** for all the work you did, tirelessly, behind the scenes to assure that your Club ran smoothly, was a credit to your community, and still provided service *way* above your selves. I'm proud,

n June 30, 2021, **District Governor Bob Taylor** will mark the final day of his year as Governor of District 5630. He did not choose it, but he was dealt the tough hand of Covid-19 and all the complications, cancellations, and difficulties encountered while representing our far-flung District.

In the usual course of a Rotary business year, a DG (District Governor) will have close to 500 different tasks and duties to complete. The year of 2020-21 made completing those tasks almost impossible. But Taylor forged on. He was determined to leave the district on a good footing, and he worked at it.

He added our Human Trafficking position now held by Rotarian **Angie Swanson**, which is a big deal. Educating members across our state about the horrors of modernday slavery is a great Rotary cause. When your club is ready, reach out to Angie in McCook and she will respond with information to raise awareness of this scourge.

Bob also pushed the effort to reduce food insecurity across our state. He authorized a sizeable donation by the district to the Foodbank of the Heartland in a joint venture with our eastern sister, District 5650. Thousands of dollars were raised in what is said to be the second-largest donation to this cause on record.

He fully endorsed the "HOT MEALS USA" effort, which is our affiliated group headed by **Dick Cochran** and Kearney Dawn Club. Our Kearney trailer fed 100,000 meals in the last 12-month period. Meanwhile, Cochran orchestrated a massive food distribution by partnering with USDA's "Farmers to Families" program that delivered, can you believe it, 1,000,000 meals in

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ROTARY INTERNATIONAL

A Global Network of Community Volunteers One Rotary Center

1560 Sherman Avenue

Rotary

Evanston, IL 60201

Rotary International President 2020-21 Holger Knaack

Member of Herzogtum Lauenburg-Molin, Germany

District 5630 Central and Western Nebraska www.rotary5630.org

DISTRICT LEADERS

District Governor 2020-21

Bob Taylor botaylor2205@hotmail.com

District Governor Elect 2021-22

dg.2021@5630mail.org **Bob Mayber**

District Governor Nominee 2022-23/

Public Image Chair

Deb McCaslin dmccaslinx4@gmail.com

District Governor Nominee Designate 2023-24

Glenn Knuth dg.2023@5630mail.org

Foundation Chair

Scott McLaughlin dg.2019@5630mail.org

Membership Co-Chairs

Lore Beckius loreb@wolfauto.com Jerry Milner jerrymilner@hotmail.com

District Trainer

Teresa Saul rotarytrainer20@gmail.com

District Treasurer

Brooke Robertson brooke.robertson@ampf.com

PolioPlus Chair

Dr. Delane Wycoff delanew@charter.net

RAGAS (Rotary Action Group against Slavery)

Angela Swanson angieswanson@hotmail.com

Youth Exchange Chair

Paula Witt wittinc@icloud.com

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Sri Seshadri seshadris@unk.edu

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DG Message (cont'd)

and thankful, for the money you raised, for the people we fed, and for the projects and grants you provided in your towns and globally. I've always said that Rotary begins at the Club level, and you have proved that to be true, once again.

I would be remiss in not thanking the people in Rotary HQ, my DG classmates, and our field and club support teams who aided our effort in this crazy year. They were helpful as we navigated our way through COVID.

The bad news is, time flies. The good news is, You're the pilot. Be true in your personal life as well as your Rotary life.

District Governor Elect Bob Mayber has some great plans to guide you through the new year. He is a wealth of knowledge and leadership ability. Be the pilot of your Rotary Life and join Bob with your Rotary Heart and soul as we strike out on a new and hopefully "normal" Rotary Year.

Bob Taylor District Governor - 2020-21 Interim Zone End Polio Now Coordinator botavlor2205@hotmail.com 972-740-6663



Rotary Wheel (cont'd)

Nebraska alone in the last 12 months. And Bob ran with the idea of donating food trailer equipment valued at about \$100,000 destined for eastern Iowa and western Missouri.

He made valiant attempts to hold virtual District Assembly and District Conference sessions and supported additional training provided at PETS and post-PETS.

Finally, under Bob Taylor's leadership, we think we slowed the trend of downward membership in the district. Now, we need to build it back!

Congratulations, Bob Taylor, on your year as DG of

DGE Bob Mayber 2021-22 North Platte Rotary Club dg.2021@5630mail.org





A Year Like No Other -- and New Opportunities Ahead













ooking back over the past 12 to 15 months, we realize that the coronavirus pandemic has created significant impacts in our personal lives and in the lives of others around the world. Many plans have been delayed, modified or cancelled. Eradication of polio has also felt the impact. Vaccinations were halted in many countries for several months, opening the door for more polio cases—and that is exactly what has happened. There were 1226 cases of polio (in all forms) in 2020 compared to 138 in 2018.

However, setbacks are not new to the polio eradication effort. Those earlier setbacks were overcome with new ideas and resulted in new progress. There is good reason to believe the recent setbacks will also be overcome.

One bright spot in the intersection of COVID-19 and polio eradication was the fact that infrastructure already in place for fighting polio has been beneficial in combatting COVID-19. Polio labs in Pakistan provided COVID-19 testing and sequencing while the polio call center was quickly expanded to serve as the national COVID-19 call line. Polio staff trained more than 18,000 health workers, and polio community mobilizers contacted 7,000 religious leaders and 26,000 influencers. Polio data systems and labs in Nigeria were used to track COVID-19 responses and identify gaps.

Just this week, there have been important new developments toward the goal of polio eradication. According to a June 10th news release from the WHO, multiple countries have come together to reaffirm commitment to ending polio. A new eradication strategy has been drafted with new goals and new strategies to overcome the COVID-19 setbacks and focus on two main goals: 1) **Stopping wild polio virus in Afghanistan and Pakistan**, the only two countries where it remains; 2) **Stopping vaccine-derived polio outbreaks through use of the recently approved "novel oral poliovirus vaccine,"** which is effective in preventing the mutations previously responsible for such outbreaks. You can find the new plan here: Polio Eradication Strategy 2022-2026.

The G7 Health Ministers have reaffirmed commitment to a polio-free world and their support for the new plan. Some of the comments in response to this plan include:

- Mike McGovern, Chair, Rotary's International PolioPlus Committee: "More than 19 million people are walking today who would have otherwise been paralyzed by polio, thanks to the incredible progress we've made in protecting children with polio vaccines since 1988. When Rotary helped found the GPEI, we made a commitment to ensure that no child or family should live in fear of polio ever again. We are committed to delivering on this promise and urge governments and donors to help us achieve a polio-free world."
- Chris Elias, President, Global Development, Bill & Melinda Gates Foundation: "After setbacks in recent years, and indications that some donors may reduce funding to the GPEI, there has never been a more important moment than right now in the history of polio eradication. With adequate support for the new strategy, we can secure a world where no child will be paralyzed by polio ever again and we urge all donors to stay committed and consign this disease to history."



As the end of another Rotary Year approaches, we have a little time left to boost our contributions and fundraising for Polio Plus, which have recently fallen short. At the same time we should be thinking about **CLUB GOALS for 2021-2022** for polio fundraising and contributions. (A suggested minimum is \$1.00 per week per member, less than the cost of your favorite beverage, and just once a week.)

Club goals may be e-mailed to: delanew@charter.net

Delane Wycoff Polio Plus Chair, District 5630





You Don't Have to Be a Rotarian

We are currently promoting international exchanges for the 2022-2023 academic year. Students who are 16 to 18.5 years at the time of exchange are eligible to apply. These students are upcoming sophomores, juniors and seniors in high school.

Students can travel during their junior or senior years, or during their gap year, prior to university studies. Nearly all exchangers find this year abroad offers them a significant edge over other college freshmen, having successfully learned to manage their time, money, resources, and peer pressure, before stepping onto campus. This extra maturity allows them to quickly find their place on campus and makes them key recipients for academic and leadership positions.

We are currently receiving requests from our partner districts for upcoming exchanges we hope to fill. In the meantime, we are closely monitoring the Covid global pandemic, as well as the international distribution of vaccines to smaller and poorer countries.

For questions or information about applying for the Rotary Youth Exchange Travel Abroad Program, contact District 5630 Chair, Paula Witt at 402-460-0005 or wittinc@icloud.com.

The District youth exchange committee is looking for Rotarians and non-Rotarians to serve on the oversight committee for 2021-2023. Contact any of the District leaders or Paula Witt for further information.

Paula Witt Youth Exchange Chair Hastings Sunrise Rotary Club wittinc@icloud.com 402-460-0005



Editor's Note: Thanks to PDG Scott McLaughlin, District 5630's RYE has a gorgeous new website. Check it out at 5630RYE.org. You'll find just about everything you might ask about Rotary Youth Exchange: Dates and deadlines, the cost, how to apply, who's eligible to participate, how to become a host family. "Start Your Journey" there, and don't hesitate to phone or email Paula with any other questions you might have – or to inquire about this important committee.



PDG Scott McLaughlin Announces Rotary Club of the Year 2019-20

The Virtual District Conference on May 15 provided **DGN Scott McLaughlin** the platform for his announcement of the **Ogallala Rotary Club** as the Club of the Year during 2019-20, Scott's year as District Governor. In Scott's words:

"The process of determining the Club of the Year was systematic. I gathered many reports, looked at goals versus actuals. In the face of adversity, who was adding new members, conducting online fundraisers, and still engaging their members. I reviewed websites and Facebook to see which clubs were active (relatively speaking) during the spring of 2020 in their community. It would take real leadership to keep a club moving forward.



The first report I had was the Presidential Citation, a "report card" of syllabus items that **President Mark Maloney** set out for every club in July 2019. It was only two categories, Unite People and Take Action, with numerous opportunities for achievement. Everyone knew the boxes that needed checking in order to receive the citation. At the end of June, six clubs had accomplished the tasks. But checking a "+1" box in membership growth or engaging members in a service project became more difficult after March 13, 2020. The Presidential Citation was a starting point, not an ending point.

Other clubs not able to achieve the citation were still able to accomplish meaningful club activities. Clubs were awarded points for Membership Goals, New Members, Foundation Goals (Annual Fund and PolioPlus), Foundation Giving, EREY (Every Rotarian Every Year), per capita giving, Rotary Direct, Interact, Rotaract, Public Image using correct Rotary branding (Website, Facebook) and community engagement.

(Continued page 5)

Congratulations to Ogallala Rotary Club!

Rotary Club of the Year (cont'd)

Based on all these metrics, five clubs rose to the top of the list. **Broken Bow Area** (Pres. Trish McCarron), **Hastings Sunrise** (Pres. Paula Witt), **Minden** (Pres. Chris Hazzard), **McCook** (Pres. Melanie Goodenberger), **North Platte** (Pres. Don Kurre), and **Ogallala** (Pres. Lorena Beckius).

		Member- ship	Foundation			Public Image		
Club	Presidential Citation	Net Growth	Annual Fund per capita	PolioPlus per capita	EREY	Rotary Direct	Over- all score	Total Pts
Ogallala	w/Platinum	6	\$ 111.49	\$ 76.34	76%	31%	2	21
Minden	_	2	\$ 130.04	\$8.33	100%	13%	1	15
McCook	w/Silver	0	\$ 132.62	\$ 10.74	63%	20%	2	14
Hastings Sunrise	Achieved	2	\$ 177.97	\$ 21.57	97%	17%	1	14
North Platte	-	2	\$ 119.12	\$ 41.58	55%	15%	2	14
Broken Bow Area	w/Platinum	5	\$ 58.37	\$ 5.26	63%	0%	2	13



Scott and **Lore** at Ogallala Rotary meeting June 3, 2021.



Because the International Convention was scheduled for June 2020 in Hawaii, the 2019-20 club presidents should have been "Aloha Presidents." Instead, they became the "COVID-19 Presidents." Although the

pandemic tried its hardest to stifle, slow down, stop or even suffocate Rotary, many of our club leaders saw to it to NOT let this happen.

There were numerous challenges to meet head on: switching to virtual meetings, adapting to strict guidelines of social distancing, group sizes, and health protocols.

Scott McLaughlin, District Governor for 2019-20, asked members to nominate fellow Rotarians for the highest district honor of "Rotarian of the Year." He considered all the nominees' other duties, goals and results, how they dealt with crises, whether they always looked for a way to win with a never-say-die attitude.

After all the nominations, reports, discussions with other Rotarians, and his "tedious research," the recipient's name was obvious: Mrs. Lorena Beckius, Ogallala's Club President for 2019-20.

From information gathered from the club Facebook page, Scott counted 18 projects carried out before March 13, 2020, including a winter coats fundraiser, a peach sale scholarship fundraiser, a fashion show benefiting PolioPlus, and Kayak Big Mac. Amazingly, after March 13, 2020, when everything began shutting down because of Covid-19, the club accomplished 20 projects, including a grocery grab (postponed twice), the Royal Family Kids Camp, a diaper drive, a pick-up-the-lunch-tab for Covid-19 first responders, a "Cruise Nite" food drive, and a plastic waste cleanup. They also participated in the District's Big Red Blowout, chartered the Lake Mac Rotaract Club, and participated in two global grants. They were the first club to meet on Zoom, on March 21, 2020.

Congratulations to Lore. As Scott writes in his <u>Our Rotary Mojo blog</u>, "We can all get great inspiration from Lore's creativity, her genuine love of community, and her extraordinary achievements!"



It's kickoff time for the 13th Annual Big Red Blowout Fundraiser!

Raffle tickets have been mailed to your club. Sold tickets will need to be turned into your club the week of July 26.

The drawing will be held on **August 25th** at the Kearney Dawn Rotary Club meeting at 7 am.

We are looking forward to another successful fundraiser!

Go Rotary!

Email **Tiffany Ritchie** at ritchietn@gmail.com for more information.



Good club programs attract visitors! And these days, good speakers don't have to live in your community to inspire, educate, and inform your club members and visitors.

The District Speakers Bureau resource includes programs from experienced and expert presenters – inside and outside our district – on general interest topics relating to social, environmental, and humanitarian causes like ending polio or dealing with human trafficking. Your club can also benefit from programs on growing your club, leading your club, as well as becoming involved in Rotary programs like RYLA (Rotary Youth Leadership Awards), club growth (membership, leadership) and Rotary Fellowships.

To date, **DGE Deb McCaslin** has gathered a list of 29 speakers who are willing to speak for your club. Take a look at the <u>List</u>, choose two or three that interest you or would be relevant to your club, and let Deb know. She'll help you do the rest.

You can add to the list! Think about speakers you have had at your club or met through your business or professional associations, and send in three or four of the best, using the Speaker's Bureau form. Once Deb has the information, she'll make the connection with the speaker.

You can email Deb at dmccaslinx4@gmail.com.

District Governor for 2023-24 Announced

From DG Bob Taylor, May 27, 2021



I am pleased to announce that **Glenn Knuth**, a member of the Grand Island Sunrise Club, has accepted the role of District Governor Nominee. Glenn will serve as District Governor during the 2023-2024 Rotary year.

Glenn has a great reputation in the District, outstandingly serving his club. He served as the Sunrise Club's president and has also been an Assistant DG, visiting and encouraging many clubs in that role. Most recently, he served as chair of RYLA.

Having personally attended his RYLA Camps at Halsey State Park, I would say they were an excellent experience for the campers and changed the lives of many teens who attended. Camper surveys backed up that feeling. He was instrumental in reaching out to other districts to welcome their campers to our 5630 RYLA Camp.

Glenn will be a great asset to our District as Governor, having been in business and deeply integrated into our clubs' lives. Additionally, he has a great "Rotary Heart," which will lead him and the District to new service heights and the promotion of Rotary's ideals.

Please congratulate Glenn as you see him. On behalf of all those in District leadership, I wish him the best for a successful extension of his Rotary career.

Thank you!



I would like to thank everyone for their support during my first year as the district's treasurer. It is an honor to serve on the district leadership team with so many amazing people. I've had the

opportunity to meet new people and form new friendships, and I'm forever grateful for my Rotary family!

I thank Bob Taylor for his service in such an unprecedented year, and give all my best to Bob Mayber as he steps into the District Governor role.

--Brooke Robertson, District Treasurer

District 5630 Rotarians Provide Food - page 1

Area of Focus: Community Economic Development



Broken Bow Area Rotarians teamed up with the City of Broken Bow, Broken Bow Wind II, and Jennie M. Melham Memorial Center to distribute over 77,500 pounds of food as part of the USDA Covid Relief Farmers to Families Program. Kearney Dawn Rotarian and head of HotMeals USA Dick Cochran was in charge of the coordination of the food delivery program. Through HotMeals USA, Nebraska's distributors reached out to Rotary clubs for help in planning the logistics.

"This was just so much fun, it makes one grateful," said **DGN Deb McCaslin**, a member of the Broken Bow Area club. "Rural Nebraskans, District 5630 Rotarians, time and time again exemplify Rotary's motto of 'Service Above Self.' Thanks, everyone!"



April: The **Chappell** club handed out 900 Farmers to Families food boxes in Deuel County.





April: Lots of blue sky in April when the Chadron club distributed "something like" 960 boxes of food, with the help of the Knights of Columbus and high school students.



District 5630 Rotarians Provide Food - page 2

Area of Focus: Community Economic Development



June: **Ogallala** Rotarians were all smiles as they delivered Meals on Wheels for a whole week.



April: Kearney Noon Rotarians went around Kearney dropping off food donations at the little food pantries. "What was empty is now half full! Service above Self is good for everyone."



May: Fourteen Grand Island Rotarians volunteered to facilitate a Mercy Meals food-packaging event, resulting in 28 hours of accumulated volunteer time invested to provide 5,616 meals comprised of 936 packages (26 cases) nutrient-rich food targeted for children in Zambia and the local backpack program. As reported by the area's largest public school system, "currently, Hall County has one of the highest poverty and transient rates in the entire state." Sixty-nine percent of public school families participate in the free and reduced lunch program. A generous District Grant alongside matching club dollars funded this important project.



Nebraska Rotary Districts raise over \$35,000 for Nebraska and Iowa food banks

February: As reported in Lincoln's *Journal Star,* Rotary Districts 5650 and 5630 donated \$35,340 to the FoodBank for the Heartland (FBH) during its virtual fund drive, resulting in their second-largest-ever virtual drive. The total included district matching funds.

The funds are used to support food banks throughout Nebraska and western Iowa. Besides the more than 600 food pantries, schools, emergency shelters, and other not-for-profit organizations, FBH also coordinated a mobile pantry that addresses emergency food issues and local school backpack programs.

Of course, as shown by the previous items on this page, Rotarians do much more than write checks. As **DG Bob Taylor** stated in the article, "...our members contributed not just their money, but their time as well. We have a very active food distribution effort in our district."

Whether it's for FoodBank for the Heartland, Mercy Meals, Hot Meals USA, or Meals on Wheels, our People of Action show up in all kinds of weather – fair or foul – with smiles on their faces, not just willing, but eager to help.

District Rotarians Help Their Communities - page 1

Areas of Focus: Economic and Community Development; Supporting the Environment



The **Chappell** club helped with both funds and labor on the landscaping project for Chappell's Downtown Revitalization Project.



May: These **Ogallala** Rotarians showed up for the Holiday Hero's Red Cross blood drive.





May: Lake Mac Rotaract obviously enjoyed baking and delivering Mayday cookies to senior community volunteers.



April: McCook Rotary enjoyed a beautiful day for their trash pickup. They always have some interesting finds on their stretch east of McCook.

April: The **Alma** club welcomed the help of 15 FFA students to pick up trash on 9 miles of highway (including a bag of cement and a gallon jug of yellow "mystery" liquid). Sometimes it's a nasty job, but they were up for it!

District Rotarians Help Their Communities - Page 2

Areas of Focus: Economic and Community Development; Supporting the Environment



What do Rotarians do when spring is finally here? They clean up!









April: With the downtown bike shop donating over 350 bicycles to children and adults in the area, the need for bike racks became apparent. The **St. Paul** Rotary Club donated six bike racks: two for the ball fields, two for the swimming pool, and two for the hospital.

May: St. Paul Rotarians, High School Interact Club members and the Boy Scouts teamed up to clean a two-mile highway corridor. "It is amazing what we picked up. It is safe to say that the saying one man's trash is another man's treasure does not hold true for highway litter. (Did you know that the offense of littering is a Class III misdemeanor?)"

April: They also collaborated with the city of St. Paul for Community Cleanup Day (below).





April: The piles of roadway garbage picked up by **Cambridge Area** Rotarians, helped by younger community members.



May: **Cambridge Area** Rotary weeded and cleaned up the Rotary Park between Pinpoint and Cambridge Lanes buildings. Pictured (L-R) Cheryl Haakenson, Debbi Runner, Kathy Benson. Not pictured: Russ Wood and Barb Langley.

District 5630 Rotary Clubs Support their Young People

Areas of Focus: Economic and Community Development



May: Kimball Rotarians partnered with Connect Kimball to give their seniors a chance to show their creativity with a Cruise Night.

April: Cambridge Rotary and Cambridge Lions Clubs joined forces to host a **High School Appreciation Supper** for the Cambridge students, coaches and sponsors.

May: The club awarded a Rotary Scholarship to Chloe Besler. She will study to become a dental hygienist at Central Community College in Hastings.

"Let us keep our hearts strong, enthusiasm fresh, hope high. As long as we keep imbued with this spirit, Rotary can never die."

> Paul Harris The Rotarian, August 1926



May: McCook Rotary's scholarship recipients: Emma Kehler, Richa Patel, Harley Cribbs, Emily Kjendal, Kacy Anderson. Not pictured: Baylor Winter. Congrats!



April: For **St. Paul** Rotarians it was a "bittersweet" goodbye to Interactors as they graduated from high school. "We sure enjoyed watching you over the years and sharing with you the Rotarian values of "'Service Above Self." Congratulations and Well Done!!!"

District 5630 Rotary Clubs Raise Funds for the Good - 1

Areas of Focus: Economic and Community Development; Disease Prevention and Treatment



February: The **Chappell** club, with the Rotary Club of Julesburg, Colorado, raised \$12,000 to help with a Coffee Bed Project in Kenya. The funds raised paid for the ten drying tables needed to save this season's crop from spoiling, benefiting the 250 families who grow these crops.





May: Imperial Rotary's Interactors were on hand to help with the club's cash drawing. A limited 200 tickets were available for \$100 each. There were 14 winners, with prizes ranging from \$150 to \$5,000. The \$7,000 proceeds will go toward defibrillators for local ball fields, new generators for local fire departments, and local scholarships.



June: Since 2019, the Ogallala club has helped raise \$315,000 toward the <u>Collister Park Renovation</u> through the Unity Project, a non-profit cooperative effort. One way they did that was to sell drinks at Ogallala's Big Give Bash. They also helped solicit donations toward the <u>Sandhills Crisis Intervention Program (SCIP)</u>.



March: The Valentine club raised \$4,150 at their Fish 'n Chips for Scholarships held at BOLO Beer Co. Around

165 plates of fish, potato chips, Cole slaw and desserts were prepared, with about 80 pounds of fish fried.

"Thanks to EVERYONE who came out and supported this worthy cause, sent in donations, helped with the fish fry, donated time and food for the event, Cheryl Lovejoy for spearheading the event every year, Steve Isom, our master fishfryer, and KVSH for helping to spread the word!

The Valentine Rotary Club is always humbled by the fantastic response from the area community -- we couldn't do it without YOU, and we greatly appreciate every one of you!"

District 5630 Rotary Clubs Raise Funds for the Good - 2

Areas of Focus: Economic and Community Development; Disease Prevention and Treatment

"As far as I am concerned, I would rather live on ham sandwiches and snowballs with enough ham sandwiches and snowballs to go all the way around than to have my choice of all the creations of the chefs of a thousand Waldorf Astorias to eat by my selfish lonely self."

> Paul Harris Message to 1934 RI Convention Detroit, Michigan



June 25: Kearney Dawn Rotary is once again sponsoring the Alzheimer's Longest Day Fundraiser for education and research to **END ALZHEIMER'S.** Six million Americans are living with Alzheimer's today, yet there is no cure. Once diagnosed, the life expectancy is 4 to 6 years. This is a growing worldwide disease, affecting the lifestyle of people everywhere. It is by far the most expensive disease in America.

1 out of 3 people 65 and older will be diagnosed with Alzheimer's or another dementia.



April: Members of the **Kearney Noon** club delivered baskets of candy-filled eggs to area residents in a project they called "Egg My Yard." Ester the Easter Bunny (AKA Club President **Sarah Cathcart**) and some feathered friends also added to the fun – and the funds.



June: Taste of Grand Island 2021. On Saturday, June 5, **Grand Island Noon** Rotary celebrated the 11th year of bringing together fantastic food and fellowship while raising funds to support Grand Island Youth Leadership Tomorrow and Rotary's End Polio Now. Just under 200 people attended the event, which raised over \$18,000. "A great time was had by all."

District 5630 Rotary Clubs Attract New Members



April: Pictured here are new Chappell club members Vickie Smith, Ceciliah Igweta Keega, and Leland Carlson, with New Member Committee Chair, Dale Fornander.



April: McCook Club President Liz Knedlik (right) welcomes new members Tarome Alford and Milva McGhee.



April: President-Elect Todd Madison and club treasurer and sponsor Joan Johnson induct Amanda Palmer into the Valentine club.

Practice the Four-Way Test through a Rotary Practice Group

Last December, **PDG Jerry Milner** invited several of us to join him in a weekly online discussion group he called "Rotary Practice." The basis of the discussions was Rotary's Four-Way Test: Is it the truth? Is it fair to all concerned? Does it build goodwill and better friendships? Will it be beneficial to all concerned?

Besides Jerry and me, five others participated in the group, all Rotarians: **Tim Hurley** (Grand Island), **DGN Deb McCaslin** and **Jessica McCaslin** (Broken Bow Area), **DG Bob Taylor** (Alma), and **Paula Witt** (Hastings Sunrise).

Journey & Growth Divine Community Laugh Thank You & CRATITUDE Receive Truth Purpose Abundance Love Now Spirit Seek Family Property Spirit Health France Change Peace

Even though every session was conducted via Zoom, it didn't take very long before we all felt like friends. Jerry and Tim are longtime friends and Deb and Jessica are mother- and daughter-in-law, so that helped. Even so, I never felt like an outsider – we were all there to learn about each other – and about ourselves.

Before each session, Jerry uploaded articles to the cloud which each of us could read before our next session. They included topics such as Confirmation Bias, Mindfulness, Gratitude, Cognitive Dissonance, Emotional Intelligence, and Kindness. We each took Enneagram tests and – after we got to know each other – shared our scores. (There were some surprises!)

Tim summed up his experience with the group this way: "How often does a guy get to talk about emotional intelligence without his own coming into question!? The opportunity to meet new people, share experiences and ideas far exceeded any expectations. And this was done with Zoom. I am very grateful to be participating and look forward to continuing." After the first couple of sessions, Jerry wrote this to us: "It certainly has added purpose to my life. Sharing our fellowship with others can certainly have a positive impact on those around us."

The Rotary Practice passes all the elements of the Four-Way Test. I've not only gained some insight into how to become a more effective Rotarian – and person – what I've enjoyed most was the opportunity to get to know others on a level of trust that would not have been possible otherwise. If you'll take the time and make the commitment, I know you'll benefit as well.

In this divided world of ours, we can use the Rotary Practice as an effective tool of attracting non-Rotarians by offering trusting relationships they might be missing, offering what I believe is Rotary's highest ideal and focus: Peace and Conflict Prevention/Resolution.

If you'd like to know more about starting or joining a Rotary Practice group, email PDG Jerry Milner at jerrymilner@hotmail.com, or ask one of the Rotarians who participated.

-Cheryl Bryan, Newsletter Editor (Member of Kearney Dawn)



way to earn money for polio.

A Gift for Your Club: The Rotary Trailer

May: Norm and Deb McCaslin (DGN 2022-23) made a 1450-mile trek from Broken

Bow to Wisconsin and back to pick up the **Rotary Trailer** – an effective way to promote the many ways Rotary – and your club – are "Doing Good in the World."

The most prominent component of the trailer is a working Iron Lung – something still used by polio victims, but which – thanks to Rotary's efforts – many have never seen, and some have never heard of! This iron lung gives you a chance to show your community all the work Rotary has done through End Polio Now and Polio Plus. It's also a great

Besides the iron lung, the trailer also contains a wooden wheelchair, much like the one used by FDR as he faced the effects of polio; a **Shelter Box** display – used around the world when disaster strikes; a display from **Alliance for Smiles**, a nonprofit that provides free cleft lip and cleft palate surgical repairs for families who cannot afford the medical care, especially in Asia, Africa, and South America; and a display showcasing Rotary's other areas of service.



Norm and Deb (left and right) taking delivery of the trailer.

The District is providing you with **other tools** to use to talk about what your club has done, and what your club would like to do to help create your ideal community, to fulfill your wishes for the world. They include a tent, table cover, handouts, and a set of business cards customized for your club. The District has also set aside funds to help you market the campaign.

This trailer will be a perfect display during a community event – county fair, community barbecue – anytime and anywhere people gather. It can be on loan to your club whenever you can use it. Just email Deb at dmccaslinx4@gmail.com and tell her you want to reserve the Rotary Trailer, and with many thanks to **PDG Scott McLaughlin**, keep your eyes peeled for the launch of the Iron Lung website.



According to a May 8th Kearney Hub newspaper article, HotMeals USA is going to have a permanent home in

Kearney. The 8,000-square-foot structure will accommodate offices, a freezer, coolers, a shop, storage and enough room for the trailers to drive in, load up, and move out.

Kearney Dawn club member Dick Cochran, the founder

and president of Hot Meals USA, foresees the ability to eventually hire 15 to 16 employees. In the meantime, he plans to lease office space and hire one employee to help him in the transition.

Cochran credits the Kearney community for the success of the operation, which was vital during the unemployment crisis caused by the Covid-19 pandemic. "This community of 35,000 people served 1 million meals in the past year," he said. "That's unreal."

District 5630 Rotarians in Action is published quarterly. Archives are posted in PDF format at rotary5630.org and at DACdb.com—District. We encourage Rotarians to use this newsletter both internally and externally as a resource for club newsletters and for the advancement of Rotary.

The publication target date for the next District 5630 newsletter is September 15, 2021.

Please submit your photos and/or articles by Wednesday, September 1, to daa@5630mail.org.

Thanks, Cheryl

Rotary District 5630 - Rotarians in Action



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